

Secondary Competition Results 2019 –20

KS4 Boys Dodgeball This event took place on 10th September at OWS attended by OWS and IDS . Results were as follows:

KS4 boys dodgeball	OWS B	OWS A	OWS C	IDS
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KS4 Girls Dodgeball

This event took place on 23rd September at OWS attended by OWS and IDS results were as follows:

KS4 Girls Dodgeball	OWS A	OWS B	IDS
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KS3 Boys Table Tennis

This event took place on 25th September at IDS attended by OWS and IDS. Results were as follows:

KS3 Boys Table Tennis	IDS B	OWS B	OWS A	OWS C	IDS A
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Y7 B-Team Football

This event took place at WBS on 3rd October. Results were as follows:

Y7 B-Team Football	IDS A	WBS A	OWS A	IDS B	WBS B	OWS B
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KS3 Sportsability Tennis

Pupils from Idsall and OWS too part in this event at IDS on 7th October and will join together to make a team for the SG finals on 14th November in Shrewsbury.

Tag Rugby Leaders Training

20 leaders from all 4 schools took part in Tag Rugby Officiating training at WBS on 15th October. Scott Sturdy and new regional coach Maxwell Pridmore delivered the training and were very impressed by the attitude and ability of the leaders involved

New Leadership Academy Training

Young Coaches Academy team building activity at Kingswood (below right)

All 4 secondary schools are holding specific training for new leaders in years 7—9 across the autumn term. Training focusses on how to support primary schools in a coaching role at SSP events, how to officiate at competitions and act as an event manager also. Following training all pupils will become part of their schools and wider partnership Leadership Academy and will have the opportunity to help at primary festivals and competitions at their school with the very best also making through to volunteer at School Games finals in spring and summer!



Tag Rugby leaders in action and going over the rules with Scott Sturdy from the RFU, New Y7 leaders training with Mrs Cowburn at OWS (above)

EAST SHROPSHIRE PE
& SCHOOL SPORTS
PARTNERSHIP



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INSIDE THIS ISSUE:

X Country/High 1
5 netball

William 2/3
Brookes

Idsall 4

Bridgnorth 5
Endowed

Oldbury Wells 6

YCA/Inclusion 7
Festival/
upcoming
events

Secondary 8
School Comps

The Y1 girls race gets in
action at OWS and Tom
from Much Wenlock
finishing at OWS (right)

Claverley Vs St
Leonards at the
High 5 Netball
league in
Bridgnorth (far
right) and Shifnal
Vs Highley in the
tournament (right)

Partnership News

SEPT — OCT 2019

Cross Country League popular again!!

The East Shropshire Cross Country league has once again proved extremely popular with 20 schools entering and over 300 pupils taking part across the 3 race league. The programme has featured races at Idsall (2) and Oldbury Wells Secondary Schools. Unfortunately the planned races at Albrighton and Alveley had to be postponed due to very heavy rainfall on both occasions. The top runners from across the 3 races will be joined by those from the William Brookes family races held later in the autumn term to make the East Shropshire representative teams for years' 3 to 6 to take part in the Shropshire Homes winter and spring School Games finals at the Shrewsbury Sports Village on 5th March 2020.

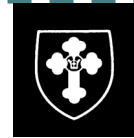


High 5 netball leagues and tournament!!

Throughout the autumn term a staggering 20 out of 24 partner schools took part in high 5 netball leagues and tournaments across the SSP. 3-4 week leagues have been running in the Idsall, WBS, and BES/OWS family areas throughout this half-term culminating in the School Games qualifying tournament at Idsall on 10th October. 14 teams competed in the play-off final representing all 4 cluster areas. The standard of play and officiating was very high. The semi finalists were Broseley, Much Wenlock, Shifnal and John Wilkinson with Shifnal and Much Wenlock making it through to the final. In a tough battle Shifnal beat Much Wenlock with John Wilkinson narrowly defeating Broseley in the 3rd/4th play-off game after extra-time. Well done to all that took part and good luck to Shifnal who will represent East Shropshire in the Winter games. The School Games Values 'Teamwork' certificate was presented to Broseley.



William Brookes Family



Yr7 Club Link Day

On their second day in senior school all 181 year 7 students enjoyed 4 hours of PE where they took part in a carousel of 8 activities. By the end of the day they had tried 4 activities and were then invited along with their parents to join in with after school club sessions on Thursday and Friday. The day is designed to help introduce the new yr7s to all the after school club activities on offer for free at WBS and the 2 evenings allowed the children to experience anything they may have missed during Club Link Day or to have another go at something they particularly enjoyed.

The children worked in their new PE classes and met all the staff who lead the different after school clubs. The 12 yr8 Sports Leaders who looked after the PE groups were able to answer the many questions new students have about PE at WBS and ensured everyone had a good day and no one got lost.

High 5 Netball League

Our WBS High 5 league started on 23rd September on a sunny Monday afternoon. The league ran on Mondays and Fridays after school at WBS for 3 weeks, but unfortunately we never saw the sun again! In fact the 7 teams taking part had to play in waterproofs as it rained every evening. Despite the weather all 50 children who played in the league played with enthusiasm and great sportsmanship, listening to advice and improving every week. Their resilience and effort were rewarded when 3 of our WBS family went forward to play in the East Shropshire Tournament. Although we didn't win the overall title our 'family' achieved our best ever results with Much Wenlock coming 2nd, John Wilkinson 3rd and Broseley 4th. We have never had 3 teams in the semi finals and they were so closely matched that their games all went to extra time and 'golden goals'.



A fantastic achievement in a tournament involving 18 teams from across the East Shropshire partnership. Broseley also won the Spirit of the Tournament award for Teamwork.



Well done to Brockton yr3/4s who played in our WBS league, working hard to improve and winning the WBS Spirit of the Games Award for Determination and Passion.

Yr6 Autumn Activity afternoon

As part of our KS2/3 transition programme Yr 5/6 children from WBS feeder primary schools are invited in for an afternoon where they see the fantastic facilities at WBS and experience some of the PE activities that are covered in the curriculum. The 180 children were divided up into groups containing children from all 8 schools and are encouraged to make friends and work with children from other schools, who will be their peers when they join WBS next year.



Action from Much Wenlock Vs Broseley in the High 5 netball league (right)

Holding steady! Action from the Gymnastics at the Y6 Autumn Activity Day (right)

Action from Church Preen Vs Broseley B at the Tag Rugby (right)

Young Coaches Academy begins again!!



East Shropshire SSP is once again the lead area for Shropshire, Telford & Wrekin for the development of Leadership, Coaching & Volunteering. As such we are tasked with deliver a 'Young Coaches Academy' for 14-16 year old students each year. This programme involves planning and delivering a programme of educational opportunities in sports coaching for aspiring young coaches. The 2019-20 programme began on Wednesday 18th Septem for this year's cohort of 30 Year 10 students from all 4 partner secondary schools. Session 1 mostly focussed on

students getting to know each other and understand what the programme involves for them this year. Session 2 took place on Saturday 12th October at Kingswood Trust Centre near Albrighton and focussed on team building activities and event planning for primary school festivals to be delivered by each school's team of young coaches in the spring term!

KS2 Inclusion Festival

Idsall School hosted the first KS2 Inclusion Festival of the year on Monday 14th October. 127 pupils from 12 different partner schools attended the event which gave pupils that do not normally have an opportunity to represent their school with a chance of taking part in a large sports event. The focus was on trying new, fun activities and meeting new pupils from different schools. Activities were delivered by the new cohort of PE Apprentices from across East Shropshire and included archery, capture the flag, kurling and dodgeball.



Upcoming events for Autumn 2!

Primary events:

Bridgnorth area football league (week 3) Thursday 7th November BES 4—5.30pm
WBS family X Country league—Tuesday 5th November Barrow PS, 19th November Broseley PS, and Wednesday 4th December—Broseley PS 1.30pm—2.30pm
IDS Family Football Development League and Football Golf Festival (Y3—6) Thursdays 7th, 14th November—IDS 1.00pm—4.00pm
KS2 Quicksticks Hockey—Monday 11th November WBS 2.00pm—4.00pm (SG Qualifying event)
OWS family Active Starters Training—Monday 18th November St Marys BC 1.15—3.00pm
IDS Family KS2 Basketball—Thursday 21st November, 3.30pm—5.00pm
OWS/BES Y3 Invasion Festival—Thursday 21st November BES 2.00pm—4.00pm
County Disability Sports Day—Thursday 21st November, Shrewsbury Sports Village—10am—2.00pm
KS2 Key Steps Gymnastics Competitions—Thursday 28th November IDS 1.00pm—4.00pm (SG Qualifying Event)
KS2 Basketball Tournament—Monday 2nd December—1.50pm—4.30pm OWS (SG Qualifying Event)
IDS Family 'Boogie Nights' Dance Festival—Tuesday 12th December IDS 3.00—8.00pm
BES family Urban Biathlon—Thursday 12th December, BES 10.00am—12.00pm
IDS KS1 Santa Fancy Dress Multi-Skills Festival—Thursday 12th December, IDS 1.30pm—3.00pm
OWS/BES KS1 Xmas Festival—Monday 16th December—OWS 1.15—3.00pm

Secondary events:

BES Y7 Coach, Event Manager, Official training—Friday 8th November 9.30am—1.00pm
KS4 mixed volleyball—Tuesday 12th November 4.00pm—5.00pm WBS (SG qualifying event)
U15 Boys Handball—Tuesday 26th November IDS 4.00pm—5.00pm (SG qualifying event)
Autumn School Games finals—Thursday 14th November Shrewsbury Sports Village 2.00pm—4.00pm
County Disability Sports Day—Thursday 21st November, Shrewsbury Sports Village—10am—2.00pm
U15 Girls Handball—Tuesday 3rd December OWS 4.00pm—5.00pm (SG qualifying event)
KS4 Boys Badminton—Tuesday 3rd December—WBS 4.00pm—5.00pm (SG qualifying event)
KS4 girls badminton—Tuesday 10th December—WBS 4.00pm—5.00pm (SG qualifying event)
KS3 Sportsability Boccia/NAK & KS3 Girls Badminton—Tuesday 17th December BES 4.00pm—5.00pm

Young Coaches begin planning at the first session of the YCA (above left and Archery action at the Inclusion Festival (above))

Oldbury Wells Family



Curriculum time

This half-term Mrs Cowburn and new PE Apprentice Mr Preece have been visiting St Marys Bluecoat Primary introduced Y3/4 to team building exercises to encourage them to work together to complete the fun challenges. They then moved onto orienteering using the inside and outside environments to vary the challenges.

For the last three weeks pupils experienced Tri-Golf for the first time in PE, using the putter and eventually managed to progress onto the wedge!

With Y5 Mrs Cowburn has been teaching hockey. They have covered dribbling around obstacles to improve control whilst with the ball, passing and shooting in small groups as well as learning zonal defence and coming to understand positions within the game to help prepare for a tournament. Congratulations to team Rowling who came first after winning all their games.

Mr Preece has been working with Y6 on football this half term. Firstly they learnt the basic skills of passing where they had to pass to one another and control the ball as it came in, which then progressed onto

dribbling with the football but importantly with control. Also they have gone through basic shooting, defending, heading and then focused on the positions and why they are important, and how to stay in position.

Y1 have done 8 weeks of multi-skills this half term. They started off learning movement in different patterns and directions. They have also learnt the basics in rolling a ball towards a given target and throwing a ball accurately to an area. Lastly they have learnt how to strike a ball in many different ways whether it is with a racket or even with their feet. They very much enjoyed learning to strike a balloon, especially when it became a competitive game!



Tournaments!

So far the leaders at Oldbury Wells school have been helping with the KS1 and KS2 cross country. This involved them taking on many different roles. They had to show their organisation to assist setting up the correct course and to pack it away effectively afterwards. Some of the students used their stamina to be the hares leading the way for each race. Some used their sympathetic and motivational strengths to run at the end as a sweeper. Some were marshals to check the correct route was being followed and then at the finish line we had older students working out the positions in the races.

Bronze Ambassador Training

In the training Mrs Cowburn taught the students what makes a good leader. They had a go at experimenting ways to make the warm ups fun and inclusive so that every student can find enjoyment. They also learnt how to adapt games to make them more inclusive and challenging for everyone. Following orders of play and umpiring was a big focus point in the training as well as how to run a tournament and how to record results for each game. The students that took part in the training created and played an activity called catch badminton that was very successful.



Y6 football and
Y1 Multi-Skills
teaching at St
Marys Bluecoat
(above and
below right)

Yes I've made it! Action
from the finish of the Y5
boys X Country race at
OWS (right) and
Claverley and Castlefields
Ambassadors planning
(below)



William Brookes Family



The children met the PE staff, and each group was escorted to the different activities by yr7/8 sports leaders who were able to answer the many questions about PE at WBS and all the sporting opportunities on offer.

WBS Tag Rugby Tournament

On Wednesday 16th October Barrow school provided the venue for our Tag Rugby Tournament. This year we had 6 teams with 50 children entered from 4 schools. Broseley and Barrow entering A

and B teams. The teams were keen and the pace of games was fast and furious but always played in the right spirit of fair play and respect for opponents. This is a development tournament giving inexperienced players the opportunity to learn rules and team tactics before they enter the ESSP tournament in February. WBS sports leaders Monty Dunn, Tom Millman and Ben Ritson officiated the round robin tournament. Final positions saw Broseley A taking 1st place with Church Preen 2nd and Brockton 3rd. Broseley B took the Spirit Award for Teamwork and Equality.



Leadership

On 2 consecutive Mondays in September and October **Yr6 Bronze Ambassadors** from all 8 feeder primary schools took part in a morning of leadership training with SGOs Ann Smith and Kerry Humphreys. 4 leaders were selected by their schools as good role models who have been involved as sports leaders or have given up time to support and encourage younger children to join in with physical activity. At the BA training they learn how to plan, organise and deliver a competition. Following training they return to their schools and organise Boccia, Kurling and Tri - golf competitions for the yr3/4 children. The BAs will then help to select 15 children who do not normally represent their schools in sport and those children will participate in the WBS Olympic/Paralympic festival in May 2020.

On 7th Oct, 21 WBS Sports Leaders (selected from yr7 to yr10) attended an **Event Manager/ Official/Coach workshop** led by SGO Chris Jew and SGOs Ann Smith and Kerry Humphreys. This workshop aims to link up with the work done in the Yr6 Bronze Ambassador training the previous 2 weeks. The leaders look in depth at the different roles involved with staging large-scale events involving multiple schools/teams. The leaders worked in teams of 5 and had to organise a tri golf, kurling, boccia or orienteering competition for the other groups. They had to decide who would take on the different roles and the tasks related to event manager, official and coach. After each competition the groups listened to feedback from their peers about what went well and what could be improved. Following the workshop this group of leaders will be responsible for planning, organising and delivering the Yr3/4 Olympic/Paralympic Festival in May and the yr3/4 Orienteering festival at WBS in June 2020.

Schools into WBS

This half term has seen Church Preen come into WBS for Swimming and PE. Primary staff supported by Swim teachers from MWLC and PE Apprentice Jade Jones have worked with the children in the pool and are very pleased with the numbers of children who can now swim 25m or more, many of whom could not swim without aids 6 weeks earlier.

The yr5/6 have also been doing Dance, led by yr13 dance leader Molly Southgate who has choreographed a whole class dance which the children will perform in the WBS Primary Dance festival in February.

Yr3 /4 have been doing multi skills with SGO Ann Smith. They have focussed on catching challenges for part of each lesson to improve their co-ordination. They have also worked on a different aspect of agility, balance and stamina each week – covering a range of activities including skipping, agility ladders, balance beam work and team relays



Alistair demonstrating Kurling at the Event, Official, Coach workshop (above)



SGCo out and about!

This term Mrs Dillon and new PE apprentice Ralph Davies have spent half term in Beckbury, teaching High 5 Netball to years 5 and 6 in preparation for the netball league, Tri golf and new age kurling to years 3 and 4 and multi skills to key stage 1. The whole school also took part in a cross country which was organised and lead by year 5 and 6's. The half term has seen



much enjoyment in PE and skill development. It has also been really pleasing to see Beckbury represented at the Netball league, Football league in Bridgnorth and the KS1 and 2 cross country

Action from Y3-4 Tri-Golf at Beckbury (left)

Netball league -Value – TEAMWORK – Well done - Albrighton

This year proved to be extremely successful with all 6 of our primary schools represented. The sessions were organised into coaching and game play with the Idsall leaders being key in the development of specific skills and tactical play, each school had a different focus due to experience. Some schools aiming for fun and development of skills whilst others were using the league as a pathway to the tournament also hosted this year at Idsall on 10th November. Mrs Dillon was very proud to see that 3 of the Idsall family of schools represented in the ESSP tournament—St Andrews, Albrighton and Shifnal, who were the overall champions for the first time!

Military Mud Run

When this came onto the calendar at the PE planning meeting even the staff were excited! Add additional support from 3 real RAF personnel, a real trench dug by our very own Mr Davies, a hay stack and a giant water slide along with many more obstacles and the excitement reached fever pitch!! A staggering 235 pupils from 5 of the primary schools took part, all having an amazing time. The event focussed on teamwork and personal challenge and there were some very determined children indeed! The Idsall leaders were great and also thoroughly loved helping – sometimes it really does pay to be a leader!



Bronze Ambassador and Active Starter Training

In the thick of it! (muddy cargo net at the mud run)



Training for our 6 schools took part over 2 sessions this year with St Marys and Shifnal leader teams being trained together at St Marys and the rest visiting Idsall to be trained together. As always the aim of the session was to develop understanding of what each role involves and how they can contribute to their schools by developing skills and ideas that they can use to increase participation of activity during lunchtime and afterschool clubs. Bronze Ambassadors were trained up to lead level 1 competitions and personal challenges. So far Beckbury have lead a cross country competition for their school, I am looking forward to seeing what the other schools are getting up to and which leadership team wins the family leadership award this year!

Tackling the water slides at the mud run (left)and the steeple chase!! (right)



PTA (Primary Teachers Award) Primary

As part of our FA Girls Football Partnership programme we are offering a free CPD training course which has been produced based on research for improving girls participation. The course 6 hour course will be delivered in two sections and will be held at a Bridgnorth Endowed School and will take place on the 17th January.

The learning outcomes are:

- Recognise the role invasion games have in KS1 and KS2 PE purpose and study
- Explain The FA's playing and coaching philosophy
- Set up organised football lessons
- Organise basic FUNDamental games to help develop movement skills
- Modify learning activities to manage difference
- Set up small sided games for young players
- Help with school teams and provide further playing opportunities for pupils
- Access further information and knowledge of football coaching
- This course is for anyone delivering PE in primary schools, or aspiring to do so

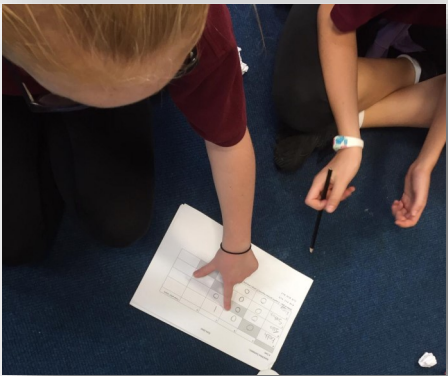


Leadership training gets underway

Over 40 students from the BES family of schools attended the Bronze Ambassador training this term. Pupils worked with Mr Chase for the morning learning how to modify activities using STEP and SMILE principles and getting to grips with running small tournaments:

- | | |
|------------|------------------------|
| S—pace | S—afe |
| T—ask | M—aximum participation |
| E—quipment | I—nclusive activities |
| P—eople | L—earning |
| | E—njoyment |
| | S—uccess |

St Johns, Morville, St Leonards and Worfield Leaders at training (above and right). Action from Highley Vs Albrighton (below left) and Much Wenlock Vs St Leonards at the football league



Competitions

168 pupils from 14 different schools attended the KS2 Football League at Bridgnorth Endowed on 17th October. This consisted of 20 teams playing across 4 pools of 5 teams each. Teams will have games each week across a 3-week league continuing into next half-term.

Games have been refereed and managed by leaders from Bridgnorth Endowed. Most of the girls involved in volunteering have been through the 'Game of Our Own' FA training as part of our FA Girls Football Partnership programme (see above).

