Elm Class Topic Overview - Autumn 2020 (PB = Planbee) (Skills) (Activity)

Rainforest

	Topic	Literacy	Science	Maths	Computin	French	PSHE	RE	PE	ART / DT	Music
		Rainforest		Place value	g					Pencil work	
	Rainforest	Reading	Living things	Add/ subtract		Where in	Links to	Symbols	Basketball	Line/tone	Melody
		comp text			Data	the world	saving the		Athletics (CJ)		
		Rainforest			bases		rainforest			Paint / texture	
-		is calling					Eat Well, move				
	What do we	Summer		Place Value		LO – To use	more, to be		LO- To use our	Initial assessment	
1	know about rainforests	holiday	Non – due to 3	Y3:	Non – due	sounds to	plotted	Non – due to	body in a	pick an animal to draw	Non – due
	and what	writing LO – to plan,	day week	LO: To recognise	to 3 day week	help identify written	LO – to	3 day week	variety of ways	to draw	to 3 day
	would we like	draft and		the place value of each digit in a 3	week	words	understand		Roll dice and		week
	to find out?	write own		digit number		worus	others and		link to		
	to illia out:	holiday		algit Hullibel			identify		movements		
		recount		Y4:			things in		suggested by		
		SPAG – To use		LO: To recognise			common		children		
		adverbs and		the place value of			Discuss the		5G.		
		prepositions		each digit in a 4			getting to		Roll 6 = 6 star		
		to add detail		digit number			know you		jumps	LO – To draw for	
		to their					bingo. LO – To			a period of time	
		writing					create a				
							class charter				
2	LO to use map	NARRATIVE	We do we	Place Value	LO: To use	LO: To use	LO – new	LO: To	LO: choose and	LO -	LO –
	sites on the	Text – Evie in	already know?	Y3:	a simple	accurate	beginnings	describe	use a range of	To plan, refine	
	internet	the jungle	What are living	LO: find 10 or 100	database	pronunciatio	(SEAL year	things that	ball skills with a	and alter	To explore
			things?	more or less than a		n when	3/4)	religious	good degree of	drawings	rhythm
	https://study.com	LO To		given number	Children to	reading		people do	accuracy	To collect and	https://ww
	/academy/lesson/ the-amazon-river-	describe a	Revision of		use a	aloud	LO – To			record ideas	w.youtube.
	basin-geography-	setting	plants	Y4:	database	• I can speak	explore	Recognise	Throwing and	Drawing plants –	com/watch
	<u>climate.html</u>	Pg 12	LO-To be able to	LO: find 1,000 more	to	in a	feelings and	and name	catching –	still life from	?v=WrERO
			identify the	or less than a given	research	sentence to	new	features of	Basketball AMK	leaves – collect	wDolcg
	LO - to use	SPAG –	different parts	number	facts about	answer a	beginnings.	religious life		leaves from	Music with
	junior atlases	Fronted	of rainforest		the	question.	Sami's story	and practice	Athletics with	school grounds	meg
	Lo - To be able	adverbials	plants and their	count in multiples	rainforest		SEAL activity	such as	Chris Jew	March 1911 Secretary to March 1915	J
	to locate	Compose rich	uses. PB 1 and 2	of 6, 7, 9, 25 and	https://ww			visiting a		1 1	
	rainforests on	vocabulary		1,000	w.activewil			place of		1 20 1	
	a world map.	Experience			d.com/rain forest-			worship and reading a		79 4	
		day to describe	Modelled		facts-for-			holy			
1		describe	Modelled		1000-101-			HOTY			

		rainforest –	investigation –		kids/			scripturo			
		use senses to	carnations or		<u>kids/</u>			scripture.			
		generate	celery								
		vocabulary	celety								
		Vocabulary									
3	Begin to	To write a	LO: recognise	Place Value	LO: To	LO: Where	LO: To set	LO: To give	LO: use a	Lo – Experiment	LO: Identify
	identify	narrative -	that living	Y3 LO: compare	develop an	in the	aims and	examples of	variety of	with different	melodic
	features on	Include a	things can be	and order numbers	awareness	world -	goals.	how	techniques and	grades of pencil	phrases and
	aerial photos	setting and a	grouped in a	up to 1000	of how to	UK		different	tactics to attack	Explore	play them
		daring rescue	variety of ways		stay safe		Children to	people show		relationships	by ear using
				count from 0 in	when		think of at	that religion	Passing the	between line and	clapping,
	3.5	Pg 18	Introduce new	multiples of 4, 8, 50	using the		least 3	is important	ball- change of	tone, line and	stomping,
	To explore the	SPAG – use of	vocabulary -	and 100	internet in		things they	to them	direction	texture	clicking etc
	layers of	a comma to	Organism, sort,		school and		would like to		Basketball AMK	Symmetry of	
	vegetation in	add additional	group, criteria,	Y4 LO: order and	at home		achieve by	To identify		animals –	
	a rainforest.	information –	Venn & Carroll diagram. PP 1	compare numbers			the end of	different	Athletics with	complete the	Listen and
		edit and	Movement	beyond 1,000	Create a		Year 3/4.	religious	Chris Jew	image	repeat
	Create a	improve	Respiration		PowerPoint			symbols,		10000000000000000000000000000000000000	melodic
	diorama -	sentences	S ensitivity	count in multiples	about internet			rituals and		Alle PI	phrases
	Home learning	30.1101.1003	Sensitivity	of 6, 7, 9, 25 and	safety			places of			
	/ forest school		G rowth	1,000	(2 weeks)			worship			
			Reproduction		,						
			Excretion								
			Nutrition								
4	To investigate	LO to read,	To be able to	Place Value		LO: Where	LO: To	LO: To	LO: Appreciate	LO: make and	LO: Identify
	the climate of	plan, write	identify a	Y3: LO read and		in the world	identify	describe the	that rules need	match colours	melodic
	the	and perform	variety of	write numbers up		– Where do	which foods	feelings I	to be consistent	with increasing	phrases and
	rainforest.	poetry	animals	to 1000 in numerals		they speak	we need to	have about	and fair – use	accuracy	play them
			from the	and in words		French?	eat to	things that	rules to create	Draw leaf shapes	by ear
	Analyse &	SPAG –perfect	Amazon	solve number			maintain a	are	own and teach	and colour match	
	draw	present	rainforest	problems involving			healthy,	important to	them to others	using water	Listen and
	conclusions	Suffux - ing	PB 3	these ideas.			balanced	me.		colour	repeat
	(compare 2		Possible bug				diet. Eat well		Dribbling -		melodic
	locations	Links to	hunt	Y4: LO round any					pace, accuracy,		phrases
	using	literacy shed	Explore and use	number to the				To explore	different size		using instruments
	temperature)	RIO	classification	nearest 10, 100 or				objects/sym	balls		matruments
		https://www.l	keys.	1,000				bols with	Basketball AMK		
	Links to the	<u>iteracyshed.co</u>	Identify and					special			
	science skill	m/rio-	name a variety	solve number and				meaning and	Athletics with		
	Gather,	olympics.html	of living things.	practical problems				make	Chris Jew		
	record,			that involve place				comparisons		Use specific	
	classify and		(local & wider	value and number				with			

5	present data in a variety of ways To identify different types of rainforest	Consider animal characteristics What might the animals in the rainforest be doing?	environment) (school grounds and rainforest) https://www.bbc.co .uk/bitesize/topics/z 2ddmp3/articles/zcc m3k7 LO: To be able to classify	Addition and subtraction Y3 LO: add and	LO: To record and present	LO: Where in the world – the	LO: To identify how we can	religious objects/sym bols LO: To identify and explain the	LO: Understand, how strength, stamina and	colour language (tint, tone, shade, hue) LO: To explore and replicate the art of	LO: To choose instruments
	•Temperate Rainforests. •Tropical Rainforests. Identify boundaries on different maps (Rory map) IWB		rainforest animals according to various criteria.PB 4 Gather, record, classify and present data in a variety of ways https://www.stem.o rg.uk/resources/elib rary/resources/elib rary/resources- classification	subtract numbers mentally, including: ② a three-digit number and ones ② a three-digit number and tens ③ a three-digit number and hundreds Y4 LO estimate and use inverse operations to check answers to a calculation	information Create a presentation of a glossary of terms – PB lesson 2	Equator	protect our local environment 5 ways to help the Earth worksheet	significance of symbols of worship. Explore symbols from different religions and explain their importance. Where might we find these symbols?	speed can be improved. Dibbling to passing Basketball AMK Athletics with Chris Jew	Henri Rousseau. To plan own composition	on the basis of internalised sounds – link to rainforest sounds
6	Ask and respond to questions and offer own ideas Habitats – plan the art exhibition Research their chosen animal and consider *Diet *habitat *adaptation	LO – to plan and write non chronological report about an animal (present with art work) Use of paragraphs Features of a report SPAG - To use	LO - Identify vertebrates by their similarities and differences pp 2 LO - Use evidence and explain how to identify an invertebrate Pp3 pp4 — classification keys	Addition and subtraction Y3 LO add and subtract numbers with up to three digits, using formal written methods Yr 4 LO add and subtract numbers up to 4 digits using the formal written methods of columnar addition and subtraction	LO: To make use of copy and paste (begin to understand purpose of copy right) LO: To use appropriat	LO: Where in the world – the continents	LO: To understand issues affecting the rainforests.	LO: To describe some symbols used in festivals and explain their meaning.	Identify good performances and suggest ideas for practices that will improve their play Shooting Basketball AMK Athletics with Chris Jew	To create different effects and textures with paint Choose paints appropriately Work on final piece	LO: To choose instruments on the basis of internalised sounds — rainforest sounds

		Conjunctions to link sentences			e media by combining text and graphics in a printable form. Combine						
7			Revise food chains To understand and identify food chains in the Amazon rainforest.	Addition and subtraction Y3 LO estimate the answer to a calculation and use inverse operations to check answers Yr 4 LO solve addition and subtraction two-step problems in contexts	images and graphics with text on PowerPoint presentation about rainforest	LO: Where in the world - animals	LO: To identify how we can protect the future of the rainforests.	LO: To identify and understand similarities in different religions.	Dribbling, passing, shooting – mini games Baskets ball AMK Athletics with Chris Jew	To show increasing independence and creativity painting Complete own composition for art exhibition	LO: To select instruments to describe visual images Carnival of animals – version for the rainforest
8	Art Exhibition Go back to what I want to find out chart	To use persuasive language Posters and invites for the art exhibition Letter to Rory Writing for different purposes	Revision quiz planbee	Addition and subtraction Y3 LO solve problems, including missing number problems, using number facts, place value, addition and subtraction. Yr 4 LO solve addition and subtraction two-step problems	and hyperlinks in presentations Continue with PowerPoint presentations from previous lesson combining sound, video and hyperlinks	LO: Where in the world – which continent are they from?		LO: To recognise some important places of worship. Identify places of worship from a variety of religions.	LO: change pace length and direction to outwit am opponent Mini game Basketball AMK Athletics with Chris Jew To develop flexibility, strength, technique, control and balance	ART EXHIBITION	PERFORM RAINFOREST SOUNDS USING INSTRUMENTS

Outcome of learning - Art gallery afternoon -

information about their art/ animals – descriptions and information about their habitats. – make invites / adverts – plan any costing in maths , contact Rory to open the event via video link

(Trip – animal man or Wild Zoo at Bobbington)

					Н	ALF TERM					
	Topic People/ settlements Deforestation	Literacy	Science Habitats – dangers and impact	Maths Multiply/ divide	Computin g Data powerpoint	French	PSHE Getting on and falling out SEAL	RE Christmas Story	PE Circuits Tennis	ART/ DT Textiles / Shelters - DT day	Music Cultural music
1	LO- Begin to ask Geographical questions To find out about the people of the rainforest. Begin to identify significant places and environments	To write character descriptions To use The great Kapok tree – talks about a poison dart frog Deforestation and asks how you will help the rainforest https://www.yo utube.com/wat ch?v=J1TebiTyl To write an alternative	What is a habitat? Local habitat study pp5 LO – to identify features of the local habitat LO- Recognise positive and negative changes to the local environment	Multiplication / division write and calculate mathematical statements for multiplication and division using the multiplication tables that they know Yr 4 LO use place value, known and derived facts to multiply and divide mentally, including: multiplying by 0 and 1; dividing by 1; multiplying together 3 numbers	LO: To use a data logger to sense physical data We don't have one of these	LO: broaden their vocabulary – Consider how the French celebrate Christmas	LO: To identify how to be a good friend. Good friend recipe activity	LO:: To explore and define some of the key words used when studying religion.	AMK – circuits To compare their performances with previous ones and demonstrate improvement VT – Tennis To play competitive games, modified where appropriate	LO: Select and record from observation –and imagination Question and make thoughtful observations Study tree frogs	LO: To understand pulse https://ww w.youtube. com/watch ?v=3lelcOf3 y14 Online music lessons with Mr Taylor – just an idea
2	LO: use NC books, stories and internet as sources of information To find out about the people of the rainforest. Link to literacy shed https://www.literacyshed.com/the-other-cultures-shed.html	ending to the Great Kapok tree SPAG – use speech accurately Use paragraphs Use of pronouns	Local Habitat study pp5 LO – to identify possible dangers to the local habitat and how we can help	Multiplication / division Y3: recall and use multiplication and division facts for the 3, 4 and 8 multiplication tables Y4: LO: recognise and use factor pairs and commutativity in mental calculations	LO: To understand that not all information on the internet is accurate. Research rainforests PB	http://www.bbc.co.uk/languages/christmas/french/	LO: To understand and use peaceful problem solving skills.	LO: To understand the importance of making vows. To explore and identify different vows and promises in religion and make comparisons with promises we might make.	AMK – circuits To compare their performances with previous ones and demonstrate improvement VT – Tennis To play competitive games, modified where appropriate	LO: about starting points and select ideas to use in their work make informed choices in drawing To be able to design, make and evaluate a poison dart frog pin cushion.	LO: Understand croquets and quavers – (the same pulse form lesson 1) https://www.youtube.com/watch ?v=9TjJUt4 hXAM

3	To find out about settlements of the rainforest. Begin to identify significant places and environments	To plan, draft and edit own set of instructions for frog or rainforest home SPAG – use imperative verbs and time conjunctives First Next After Now	LO: To explore a rainforest habitat What do we know already? https://www.bbc.c.co.uk/bitesize/topics/zx882hv/articles/zxdsvcw	Multiplication / division Year 3: write and calculate mathematical statements for multiplication and division progressing to formal written methods LO: Y4 LO multiply two-digit and three-digit numbers by a one-digit number using formal written layout	LO: Follow straight forward lines of enquiry to search their data for own purposes. Children to use the internet to research facts about the rainforest and add to PowerPoint presentations from last half term	LO: to broaden Christmas vocabulary https://www .youtube.co m/watch?v= 6tP2Osl0o6 w	LO: To understand how different types of exercise can help our body. Move more	LO: To link together aspects of religious life and practice. To look at the 10 commandm ents and to understand how Christians try to obey the commandm ents. Make comparisons with class charter.	AMK – circuits To compare their performances with previous ones and demonstrate improvement VT – Tennis To play competitive games, modified where appropriate	Over 2 weeks	Rainforest song – Clapping – stamping keeping pulse Clicking etc https://ww w.youtube. com/watch ?v=gBgV75 NQRIQ
4	Begin to collect and record information – settlements To find out about settlements of the rainforest	To write a report Fact files to support presentations — why the homes are on stilts SPAG — consider composition and lay out of a report	LO: To identify different kinds of habitats in the rainforest Create own rainforest animal – (touch on adaptation) Habitat power point	Multiplication / division Y3 LO solve problems, including missing number. Y4 LO solve problems involving multiplying and adding, including using the distributive law to multiply two digit numbers by 1 digit, integer scaling problems and harder correspondence problems such as n objects are connected to m objects.	LO: Follow straight forward lines of enquiry to search their data for own purposes. Children to use the internet to research facts about the rainforest and add to PowerPoint presentations from last half term	LO: To learn a French carol (over 2 weeks) O Christmas tree https://www.youtube.co m/watch?v= N5jDlspik18 &list=PLzo45 tKGZo- 7oKHDWXpB clsFnLZMyw P6G&index= 3	LO: To understand that bullying can take place in different ways and how we can prevent it. Bullying scenario cards — children to discuss and share ideas about how they can help prevent bullying	LO: To understand the importance of reflection.	AMK – circuits To compare their performances with previous ones and demonstrate improvement VT – Tennis To play competitive games, modified where appropriate.	LO: use research to inspire drawings To be able to design a rainforest home	Rainforest song – Instruments /singing https://ww w.youtube. com/watch ?v=gBgV75 NQRIQ

5	LO –	Assessments	LO: Recognise	Revision or	LO: Begin		LO: To	LO: To	AMK – circuits	LO: Alter and	LO: To
	To explore	Persuasive	that	additional week of	to show an		recognise	investigate	To compare	refine drawings	explore
	why the	text to help	environments	previous topic	awareness		how to	different	their	and describe	music from
	rainforest is	save the	can change &	– DFE catch up time	of the		mange my	religious	performances	changes DT-	different
	under	rainforest	sometimes pose		intended		feelings and	festivals and	with previous	experiment with	traditions
	threat and the		dangers	Y3 LO recall and	audience		find ways to	make	ones and	joining materials	and
	measures	Use the Kapok	a.a.i.gere	use multiplication	and seek		calm down	comparisons	demonstrate		cultures –
	taken to	tree book as a	Cross curricular	and division facts	feed-back.		when		improvement	SUPPLIES 1	Amazon
	protect it.	starting point	links to	for the 3, 4 and 8			necessary	Make	VT – Tennis		tribe music
	Links to the		geography	multiplication	Children to		,	comparisons	To play	Five craft sticks, craft plus, freely-duty sciences	
	literacy shed –		00	tables	present their			with how	competitive	m P m	
		THE GREAT KAPOK TREE	https://www.bb		PowerPoints			Christians	games,		
		KAPOK TREE	c.co.uk/teach/cl	Y4 LO	about rainforest life.			celebrate	modified where		
	4		ass-clips-	recall multiplication				Christmas to	appropriate	et glue on two sticks. 2. Pleas their stick across.	
	There's shuman in my forest		video/science-	and division facts				how Jewish			
	There's a human in my forest and I don't know what to do.		ks1-ks2-ivys-	for multiplication				people			
	https://www.li	https://www.s	plant-	tables up to 12 × 12				celebrate			
	teracyshedblo	tem.org.uk/re	workshop-the-					Hanukkah			
	g.com/blog/p	sources/elibra	impact-					and Muslims			
	ersuasive-	ry/resource/1	deforestation-					celebrate			
	writing-and-	33747/save-	has-on-					Eid etc.			
	greenpeace	<u>our-home</u>	plants/zd34hbk								
	10	Also Evie and	1 /	A	LO: Darin	LO: To	LO: To	LO: To cole o	ADAK sinevite	LO. To moles o	LO. To releve
6	LO –	Jungle p43 –	LO: To	Assessment	LO: Begin to show an	LO: To	LO: To identify	LO: To ask a	AMK – circuits	LO: To make a	LO: To play
	To explore why the	perspective of	understand the	Y3 LO: recall and use multiplication	awareness	revise this term's	features of a	range of questions	To compare their	rainforest home	and
	rainforest is	the animals	impact changing habitats has on	and division facts	of the	vocabulary	healthy	about	performances		perform an ensemble
	under	Matt Haig	nature	for the 3, 4 and 8	intended	vocabulary	lifestyle,	puzzling	with previous		context –
	threat and the	B	*Change in the	multiplication	audience		including	ideas – link	ones and		Amazon
	measures	Barrand Le may Grand	Environment:	tables	and seek		regular	to Christmas	demonstrate		tribe music
	taken to	Evie in the JUNGLE	*Impact on	Yr4 LO: recall	feed-back.		exercise and			The same of the sa	tribe music
			Habitats		reed-back.			story.	improvement VT – Tennis		
	protect it	SPAG - Use of	*Effect on Living	multiplication and division facts for	Children to		a healthy, balanced		To play		
		persuasive	_		present their		diet. Eat		•		
		language	Things	multiplication	PowerPoints		well and		competitive		
		Use of fact		tables up to 12 × 12	about				games,		
		and opinion			rainforest life.		move more		modified where		
									appropriate		
7	LO: To	LO: To	LO: To evaluate	LO: Recap	LO: Begin	To create a	LO: To	LO: To	AMK – circuits	Rainforest life	LO: To play
	evaluate what	evaluate what	what have I	misconceptions /	to show an	French	evaluate	evaluate	To compare	presentations	and
	have I learnt	have I learnt	learnt	errors from testing	awareness	greeting for	what have I	what have I	their	p. cocinations	perform an
	avc i icuriic	Christmas	.cum	c.rors from testing	of the	a card	learnt	learnt	performances		ensemble
		advert writing		Assessments and	intended	_ U . U	End of year	Revision of	with previous		context –
ш		advert writing		7.55C55ITICITES ariu	michaea		Life of year	INCVISION OF	with previous		COTTCAL

- the greatest gift sainsburys 2016 Link to PSHE - people being a gift	evaluations audience and seek feed-back. Children to present their PowerPoints about rainforest life.	review. What am I proud of? What are my targets?	things were have looked at and the impact.	ones and demonstrate improvement VT – Tennis To play competitive games, modified where appropriate		Amazon tribal music Performance
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Outcome of learning - Create a presentation about rainforest life – homes, settlements, deforestation

ICT presentation – powerpoint

Useful Websites -

 $\frac{\text{https://www.google.co.uk/maps/place/Amazon+River/@-1.559804,-80.094421,4z/data=!3m1!4b1!4m5!3m4!1s0x926eca1645365b6b:0xabfc431d20b2b474!8m2!3d-3.2996216!4d-60.6646509?hl=en}{60.6646509?hl=en}$

https://www.rainforest-alliance.org/kids

https://www.nationalgeographic.org/encyclopedia/rain-forest/

https://www.oddizzi.com/teachers/explore-the-world/physical-features/ecosystems/rainforests/world-rainforests/amazon-rainforest/2/

https://www.youtube.com/watch?v=JEsV5rqbVNQ - a virtual tour

https://www.youtube.com/watch?v=DgU7gsBOhUI - 25 facts

French Learning Objectives

- LO: listen attentively to spoken language and show understanding by joining in and responding
- LO: explore the patterns and sounds of language through songs and rhymes and link the spelling, sound and meaning of words
- LO: engage in conversations; ask and answer questions; express opinions and respond to those of others; seek clarification and help*
- LO: speak in sentences, using familiar vocabulary, phrases and basic language structures
- LO: develop accurate pronunciation and intonation so that others understand when they are reading aloud or using familiar words and phrases*
- LO: present ideas and information orally to a range of audiences*
- LO: read carefully and show understanding of words, phrases and simple writing
- LO: appreciate stories, songs, poems and rhymes in the language
- LO: broaden their vocabulary and develop their ability to understand new words that are introduced into familiar written material, including through using a dictionary
- LO: write phrases from memory, and adapt these to create new sentences, to express ideas clearly
- LO: describe people, places, things and actions orally* and in writing

Music

Pupils should be taught to sing and play musically with increasing confidence and control. They should develop an understanding of musical composition, organising and manipulating ideas within musical structures and reproducing sounds from aural memory. Pupils should be taught to: LO: play and perform in solo and ensemble contexts, using their voices and playing musical instruments with increasing accuracy, fluency, control and expression LO: improvise and compose music for a range of purposes using the inter-related dimensions of music LO: listen with attention to detail and recall sounds with increasing aural memory LO: use and understand staff and other musical notations LO: appreciate and understand a wide range of high-quality live and recorded music drawn from different traditions and from great composers and musicians LO: develop an understanding of the history of music.

Key stage 2 - PE - Pupils should continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement.

- *They should enjoy communicating, collaborating and competing with each other.
- *They should develop an understanding of how to improve in different physical activities and sports
- * learn how to evaluate and recognise their own success.

Pupils should be taught to:

② use running, jumping, throwing and catching in isolation and in combination

2 play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending

2 develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics]

2 perform dances using a range of movement patterns

? take part in outdoor and adventurous activity challenges both individually and within a team

2 compare their performances with previous ones and demonstrate improvement to achieve their personal best.

Key stage 2 - Computing Pupils should be taught to:

- LO: To design, write and debug programs that accomplish specific goals, including controlling or simulating physical systems; solve problems by decomposing them into smaller parts
- LO: To use sequence, selection, and repetition in programs; work with variables and various forms of input and output
- LO: To use logical reasoning to explain how some simple algorithms work and to detect and correct errors in algorithms and programs
- LO: To understand computer networks including the internet; how they can provide multiple services, such as the world wide web; and the opportunities they offer for communication and collaboration
- LO: To use search technologies effectively, appreciate how results are selected and ranked, and be discerning in evaluating digital content
- LO: To select, use and combine a variety of software (including internet services) on a range of digital devices to design and create a range of programs, systems and content that accomplish given goals, including collecting, analysing, evaluating and presenting data and information
- LO: To use technology safely, respectfully and responsibly; recognise acceptable/unacceptable behaviour; identify a range of ways to report concerns about content and contact.

By the end of primary school: Mental wellbeing - Pupils should know:

- that mental wellbeing is a normal part of daily life, in the same way as physical health
- that there is a normal range of emotions (e.g. happiness, sadness, anger, fear, surprise, nervousness) and scale of emotions that all humans experience in relation to different experiences and situations
- how to recognise and talk about their emotions, including having a varied vocabulary of words to use when talking about their own and others' feelings
- how to judge whether what they are feeling and how they are behaving is appropriate and proportionate
- the benefits of physical exercise, time outdoors, community participation, voluntary and service-based activity on mental wellbeing and happiness
- simple self-care techniques, including the importance of rest, time spent with friends and family and the benefits of hobbies and interests
- isolation and loneliness can affect children and that it is very important for children to discuss their feelings with an adult and seek support
- that bullying (including cyberbullying) has a negative and often lasting impact on mental wellbeing

- where and how to seek support (including recognising the triggers for seeking support), including whom in school they should speak to if they are worried about their own or someone else's mental wellbeing or ability to control their emotions (including issues arising online)
- it is common for people to experience mental ill health. For many people who do, the problems can be resolved if the right support is made available, especially if accessed early enough Internet safety and harms Pupils should know:
 - that for most people the internet is an integral part of life and has many benefits
 - about the benefits of rationing time spent online, the risks of excessive time spent on electronic devices and the impact of positive and negative content online on their own and others' mental and physical wellbeing
 - how to consider the effect of their online actions on others and know how to recognise and display respectful behaviour online and the importance of keeping personal information private
 - why social media, some computer games and online gaming, for example, are age restricted
 - that the internet can also be a negative place where online abuse, trolling, bullying and harassment can take place, which can have a negative impact on mental health
 - how to be a discerning consumer of information online including understanding that information, including that from search engines, is ranked, selected and targeted
 - where and how to report concerns and get support with issues online

Physical health and fitness - Pupils should know:

- the characteristics and mental and physical benefits of an active lifestyle
- the importance of building regular exercise into daily and weekly routines and how to achieve this; for example walking or cycling to school, a daily active mile or other forms of regular, vigorous exercise
- the risks associated with an inactive lifestyle (including obesity)
- how and when to seek support including which adults to speak to in school if they are worried about their health

Healthy eating

Pupils should know:

- what constitutes a healthy diet (including understanding calories and other nutritional content)
- the principles of planning and preparing a range of healthy meals
- the characteristics of a poor diet and risks associated with unhealthy eating (including, for example, obesity and tooth decay) and other behaviours (e.g. the impact of alcohol on diet or health)

Drugs, alcohol and tobacco

Pupils should know:

• the facts about legal and illegal harmful substances and associated risks, including smoking, alcohol use and drug-taking

Health and prevention

Pupils should know:

- how to recognise early signs of physical illness, such as weight loss, or unexplained changes to the body
- about safe and unsafe exposure to the sun, and how to reduce the risk of sun damage, including skin cancer
- the importance of sufficient good quality sleep for good health and that a lack of sleep can affect weight, mood and ability to learn
- about dental health and the benefits of good oral hygiene and dental flossing, including regular check-ups at the dentist
- about personal hygiene and germs including bacteria, viruses, how they are spread and treated, and the importance of handwashing
- the facts and science relating to allergies, immunisation and vaccination

Basic first aid

Pupils should know:

- how to make a clear and efficient call to emergency services if necessary
- concepts of basic first-aid, for example dealing with common injuries, including head injuries

Changing adolescent body

Pupils should know:

- key facts about puberty and the changing adolescent body, particularly from age 9 through to age 11, including physical and emotional changes
- about menstrual wellbeing including the key facts about the menstrual cycle