

# PSHE/ RSE Long Term Plan



## Child starting during Cycle A (Sept 2023, 2025, 2027)

Year 1						Year 2						Year 3						Year 4						Year 5						Year 6					
Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Families and relationships	Health and Wellbeing	Safety and the changing body	Citizenship	Economic Wellbeing	Transition	Families and relationship	Health and Wellbeing	Safety and the changing body	Citizenship	Economic Wellbeing	Transition	Families and relationships	Health and Wellbeing	Safety and the changing body	Citizenship	Economic Wellbeing	Transition	Families and relationship	Health and Wellbeing	Safety and the changing body	Citizenship	Economic Wellbeing	Transition	Families and relationships	Health and Wellbeing	Safety and the changing body	Citizenship	Economic Wellbeing	Transition	Families and relationship	Health and Wellbeing	Safety and the changing body	Citizenship	Economic Wellbeing	Transition

## Child starting during Cycle B (Sept 2024, 2026, 2028)

Year 1						Year 2						Year 3						Year 4						Year 5						Year 6					
Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Families and relationships	Health and Wellbeing	Safety and the changing body	Citizenship	Economic Wellbeing	Transition	Families and relationship	Health and Wellbeing	Safety and the changing body	Citizenship	Economic Wellbeing	Transition	Families and relationships	Health and Wellbeing	Safety and the changing body	Citizenship	Economic Wellbeing	Transition	Families and relationship	Health and Wellbeing	Safety and the changing body	Citizenship	Economic Wellbeing	Transition	Families and relationships	Health and Wellbeing	Safety and the changing body	Citizenship	Economic Wellbeing	Transition	Families and relationship	Health and Wellbeing	Safety and the changing body	Citizenship	Economic Wellbeing	Transition