

Regular Activities

- Forest School (Wednesday morning)
- PE (Monday/Wednesday afternoon)
- Daily handwriting practise.
- Snack time— maths, C&L and PSED focus.
- Break times— climbing equipment, bikes and scooters
- Communication and language Explorify activity
- Mystery Reader
- Book vote
- Celebration assembly
- Family and friends story time in the library
- Visits to the school library



Forest School and PE

- **Forest school** (Wednesday morning) children can bring in their own clothes from home to change into. Puddle suits if the weather is not nice. Wellies or trainers. Long sleeves to protect arms in warmer weather.
- **PE** on a Monday/Wednesday afternoon. Children to come dressed in PE kit and can remain in this all day.
- Please label all clothes and footwear.

Core Experiences and Seasonal Celebrations

- Autumn/Winter
- Forest School
- Parent Workshop
- Halloween
- Bonfire Night
- Christmas

Morning Routines

- 'Good Morning' greeting on the door
- Practise writing name
- Fine motor activities
- Register
- Lunch/dinner choices
- Wow— walk to school selection
- Calendar and weather.
- How many children are in class today?
- Special helper
- Communication and Language activity

Beech Class

Marvellous Me!

Autumn 1– 2026

Curriculum Overview

Sticky Knowledge

Children will develop **sticky knowledge** about themselves and their peers through their learning, in line with the Development Matters, by encouraging children to develop a positive sense of self and understanding their place within the family, school and wider community.

They will know that they are unique and special, that they all have things that are the same and things that are different. They will be able to talk about themselves, including their name, age, likes and interests. They will realise that everyone has different talents and things they enjoy.

They will learn about how families can be different; made up from people who care for us and how their bodies work, including their 5 senses and how to have a healthy lifestyle. They will learn about theirs and other peoples feelings and how we can talk about these with a trusted adult. We will learn about being kind and respectful and how everyone deserves to feel included and valued.

Trips and Visits

- Nurse, dentist visit into school
- Visit to My Little Play Place, Telford

Vocabulary

- **Me and my identity:**
- **My Body:**
- **The Five senses:**
- **Feelings and Emotions:**
- **My Family and Home:**
- **Relationships and Friendships:**
- **Celebrating Differences:**

Vocabulary used throughout this topic will include: unique, special, same, different, family, friend, feelings, sad, happy, worried, proud,

Key Books

Super Duper You—Sophy Henn
What I like about Me—Allia Zobel Nolan
Only One You—Linda Kranz
The Colour Monster—Anna Llenas
The family Book—Todd ParrAllare welcome—Alexandra penfold
I like Myself—Karen Beaumont

Key Songs and Rhymes

10 Little Monkeys Jumping on the Bed
Heads, shoulders, knees and toes
If you're happy and you know it...
Five senses song

